

**FOR IMMEDIATE RELEASE:**

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**Colorado Springs, CO – The Sisters of Benet Hill Monastery** announce the publishing of *“Three Nuns from the Ranch”* written by Sister Kathleen Cogan, OSB. **A book signing at Benet Hill Monastery is scheduled for Saturday, November 4, 2017 from 10 am -12 noon. RSVP is required to attend. Space is limited, so reserve your space early by emailing [missionadv@benethillmonastery.org](mailto:missionadv@benethillmonastery.org) by October 30, 2017.**

**Book Synopsis:** *To “regain mental acuity” after a stroke, Sister Kathleen Cogan decided simply to write a short story about her life. Over time, that short story transformed into a remarkable, heart-warming memoir of three sisters from a ranch near Buena Vista, Colorado, and their lives and work as Benedictine sisters. Growing up on the ranch shaped their lives, instilling a deep love of family, love of nature, and love of God. In **Three Nuns from the Ranch**, each sister shares inspiring memories of a happy childhood and recounts her significant and committed work in various Benedictine missions. To read their story is to live gratitude and joy.*

We invite friends, family and supporters of Sister Kathleen and the Sisters of Benet Hill Monastery to purchase *Three Nuns from the Ranch* available on [amazon.smile.com](http://amazon.smile.com) or [amazon.com](http://amazon.com) or through **Benet Gifts** at the monastery. This heart-lifting story is about three sisters who grew up on a Colorado ranch and became Benedictine Sisters of Benet Hill Monastery.

In writing her book, Sister Kathleen has learned one of the greatest lessons of her life. At age 88, she found this experience empowering and a reminder that **“you should never give up, even if you have physical limitations.”**

**Benet Hill Monastery Charism Statement:** We, the Sisters of Benet Hill Monastery, journeying together, are called to seek God in the daily celebration of life. Recognizing our giftedness, we listen and respond through creative prayer and life-giving service.

#### **ABOUT BENET HILL MONASTERY**

**The Sisters of Benet Hill Monastery provide a sacred space of hospitality to people of all faith traditions and spiritual backgrounds. Education, the arts, prayer, liturgy, retreats, and many ministry opportunities are offered. Benedictine values are introduced, taught, and shared with others to deepen their own relationship with God and to create a sacred space within themselves.**

Visit [www.benethillmonastery.org](http://www.benethillmonastery.org)

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The online Press Kit is located on our website under the “Home” tab. [www.benethillmonastery.org](http://www.benethillmonastery.org)