



## *Welcome to Benet Pines Retreat Center at Benet Hill Monastery!*

We are a Benedictine facility that exists to provide a quiet, prayerful, hospitable environment in a tranquil setting where all who come are invited to discover more fully their God and themselves. The retreat center is owned and operated by the Benedictine Sisters of Benet Hill Monastery which is also located on the grounds.

All guests are invited to participate in our Benedictine community life. The simple monastic rhythm of Liturgy of the Hours, *Lectio Divina*, and interaction with our small community offers gentle peace and tranquility. While you are here we also invite you to take time to walk our paths and enjoy our peaceful home as you pray and hear God's voice among the pines.

We hope you, our guests will find our unique and contemplative prayer sites and interconnecting meditative paths throughout the grounds to renew your spirit, quiet your soul, and enhance your prayerful experience while you are here. Persons from all walks of life and many different religious traditions seek God in the serenity and beauty of this wooded setting.

### Here are some of our prayer sites at the Pines.....



Stone Grotto



Stations of the Cross



Walking the Labyrinth



Zen Garden



Wood Cross

While you are on retreat, please let us know if there is anything else you need to make your stay with us more hospitable. Also, if you have any issues with our facilities while you are here please let us know right away.

No matter if you are here for a day or for a longer retreat, we hope this gift of time that you have given yourself is a time where you can renew and deepen your covenant with God. May this time set apart; different from the "ordinary stuff" of daily life, provide a time and experience that can pervade and imbue every day thereafter with new vision and understanding. So "take off your shoes" or "put them on for walk" and be less encumbered by schedules and projects, be open and vulnerable – ready to be changed and deepened, and use this time to approach one's life as "holy ground."

*We thank you for coming to Benet Pines and hope you enjoy your retreat!*

*- The Benet Pines Retreat Center Staff*